

# CALDER HOUSE SCHOOL

## OUR SCHOOL'S ANTI-BULLYING POLICY

At Calder House School we want all children to know that we care about them. This means they can learn without being worried about anything. In our school we do not accept bullying behaviour. If it happens, we know that we can always tell someone. We can tell our parents or one of the adults at school. The important thing to remember is that if we TELL it can be stopped!

### What do we think bullying is?

Children make mistakes and do not always behave as they should towards each other. Bullying is more than a mistake. Bullying is **deliberate** and **it happens more than once**. Examples of bullying include:

- When someone tries to make you do things you don't want to do
- When someone tries to make you feel sad on purpose
- When someone hurts you – for example by hitting, pushing or kicking you
- When someone tells you to do something and then says you mustn't tell anyone
- When someone calls you names
- When someone spreads horrible rumours about you
- When someone says nasty things about you online or using their mobile phone

### Reasons to tell if you are being bullied

- Everyone deserves to be happy in their life
- All of the adults and children care about each other at Calder House School
- IT CAN BE STOPPED but only if you **TELL**
- People who are bullies need to be stopped and taught different ways to behave

### What do we want this policy to do?

- Tell everyone what bullying really is
- Everyone who comes into our school should know how we feel and act about bullies
- All children and parents should know what to do if they hear about bullying and that it will be taken seriously
- **MAKE SURE BULLIES CAN'T BULLY ANYONE AT CALDER HOUSE!**

### How to spot someone who might be being bullied. You may notice some of these things:

- They may be very quiet at playtime
- They may be keen to stay in with the teachers at playtime
- They may not want to answer as many questions in class as they used to
- They may start to have lots more days off sick
- They may be upset and unhappy at school

**What should you do if you or anyone else is being bullied? ALWAYS REPORT IT – NEVER KEEP IT A SECRET!**



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