

OUR SCHOOL'S ANTI-BULLYING POLICY

At Calder House School we want all children to know that we care about them. This means they can learn without being worried about anything. In our school we do not accept bullying behaviour. If it happens we know that we can always tell someone. We can choose to tell a friend or one of the adults at school. The important thing to remember is that if we TELL it can be stopped!

What do we think bullying is?

Bullying is:

- When people try to make you do things you don't want to do lots of the time
- When people try to make you feel sad on purpose, more than just once
- If someone hurts you by hitting/pushing/kicking you – but more than once
- When people tell you to do something and then say you mustn't tell anyone
- When people call you names about the colour of your skin/hair or clothes
- When people spread horrible rumours about you
- If people say things about you on the internet and when using their mobile phones

Reasons to tell if you are being bullied

- Everyone deserves to be happy in their life
- All of the adults and children care about each other at Calder House School
- IT CAN BE STOPPED but only if you TELL
- People who are bullies need to be stopped and taught different ways to behave

What do we want this policy to do?

- Tell everyone what bullying really is
- Everyone who comes into our school should know how we feel and act about bullies
- All children and parents should know what to do if they hear about bullying and that it will be taken seriously
- **MAKE SURE BULLIES CAN'T BULLY ANYONE AT CALDER HOUSE!**

How to spot someone who might be being bullied. You may notice some of these things:

- They start to want mum or dad to take them to school
- They may be very quiet at playtime
- They may be keen to stay in with the teachers at playtime
- They may not want to answer as many questions in class as they used to
- They may start to have lots more days off sick
- They may cry at school

What should you do if you or anyone else is being bullied? ALWAYS REPORT IT – NEVER KEEP IT A SECRET!